NORTH COAST TRADER

BUY • SELL TRADE

JUNE 15 - JUNE 29, 2023
VOL. 4 NO. 12

FREE

UP TO 40% STOREWIDE SAVINGS

ANNIVERSARY SALE PRICES ALL MONTH LONG!

SERVING CALIFORNIA'S NORTH COAST 15th Anniversary

Anniversary SALE

SPECIAL EVENT
June 16th - 19th



LA-Z-BOY

Sealy

FURNITURE DESIGN CENTER

TEMPUR-PEDIC

STEARNS & FOSTER

1716 5th St. • Eureka • 707-442-6300

Catering provided for this event by:

Sammy's BBQ Catering

Bring this ad in and receive a FREE food voucher!
(Lunch will be served Saturday and Sunday, 12 - 4)
valid on 6/17 & 18 only

NAPA

NAPA PARTS

NAPA Know How

See Richard, Lori, Garrett,
Adrian, Joe and Shannon
for All Your Automotive Needs!

Check us out at napaonline.com

655 Redwood Drive
Garberville 923-2732

POLARIS ACE 500



$8,500 Only 529 miles

Garage kept like brand new.
Winch w/ remote and tow hitch.
Call or text Scott @ (707) 223-1023.

2004 SUN SEEKER



2004 SUN SEEKER BY FOREST RIVER

30'ft. Class C. Sleeps 8. Chevy 6.0L. Vortec engine. W/ only 60k. Miles. Excellently maintained very much like new. All books and records. Never lived in. Spotless appliances all work great. **$22,500.**
Call or text Scott @ (707)-223-1023

NORTH COAST TRADER

BUY • SELL • TRADE

The Trader is published every other Thursday and distributed in Humboldt, Trinity, Mendocino and Del Norte counties. The opinions expressed in this publication are those of the authors or advertisers. They do not purport to reflect the opinions or views of *The Trader* magazine. We reserve the right to refuse or edit at our discretion all editorials, display and private party ads. *The Trader* is not responsible for any ad transaction between buyer and seller. Avoid scams by dealing locally, face-to-face. © 2023 *The North Coast Trader*. Entire contents are copyrighted. No portion may be reproduced without publisher's written permission.

TABLE OF CONTENTS

3 California Outdoors Q&A
4 Sudoku
5 Dial Up Flavor with Summer Favorites
8 Planning a California Road Trip Adventure
9 Keep Plants Thriving Despite the Heat of Summer
11 Gifts to Elevate Dad's Morning Routine this Father's Day
12 How to Protect Your Favorite Outdoor Gear
13 Calendar of Events
22 Crossword
23 Home Country

NORTH COAST TRADER STAFF

PUBLISHER Melissa Sanderson • melissa@northcoastjournal.com

EDITOR Jennifer Fumiko Cahill • jennifer@northcoastjournal.com

CALENDAR EDITOR Kali Cozyris • calendar@northcoastjournal.com

PRODUCTION MANAGER Holly Harvey • holly@northcoastjournal.com

GRAPHIC DESIGN/PRODUCTION

Heidi Bazán Beltrán, Dave Brown, Rory Hubbard, Renée Thompson

ncjads@northcoastjournal.com

SENIOR ADVERTISING REPRESENTATIVES

Bryan Walker • bryan@northcoastjournal.com Judeen Peck • judeen@thetrader707.com

ADVERTISING REPRESENTATIVES

Linus Lorenzen • linus@northcoastjournal.com

Heather Luther • heather@northcoastjournal.com

CLASSIFIED ADVERTISING Mark Boyd • classified@northcoastjournal.com

BOOKKEEPER Deborah Henry • billing@northcoastjournal.com

OFFICE MANAGER/DISTRIBUTION Michelle Dickinson • michelle@northcoastjournal.com

MAIL/OFFICE
310 F St., Eureka, CA 95501 | 707 442-1400 | FAX: 707 442-1401 | www.thetrader707.com

NORTH COAST TRADER > THETRADER707.COM <

Do Osprey Have Their Own Taxonomic Classification?



CDFW

Osprey

Q: Do osprey have their own taxonomic classification?

A: Yes, osprey are the only species in the Pandionidae family in the entire world. They are also the only raptor with a unique foot morphology adapted for catching fish. Osprey talons are more curved than other raptors, and they have spines on the pads of their feet that adhere especially well to fish scales. They can also rotate their outer toe so that two toes face forward and two face backward, which helps them grip fish.

Osprey can be found near almost any body of water, but they primarily breed in the Northern Hemisphere and winter in the Southern Hemisphere. They can be found year-round in Australia, Indonesia, Papua New Guinea and the surrounding islands. In California, osprey typically breed from the Cascade Ranges to Lake Tahoe, and along the coast south to Marin County. For more information visit CDFW's Raptors of California webpage.

Leopard Shark

Q: I heard about a leopard shark sighting in Oakland's Lake Merritt. Is that unusual?

A: No, it is not unusual. Lake Merritt connects to the San Francisco Bay via a channel and the Oakland Estuary. Marine species regularly travel into the "lake," which is technically a tidal lagoon. Leopard sharks live in shallow waters of bays and estuaries and nearshore in both kelp forest and sandy environments. They are abundant along sandy beaches of Southern and central California. During the fall, large numbers may be found in San Francisco and Monterey bays.

If you're interested in marine species, consider subscribing to CDFW's Marine Region News Service. Subscribers receive news and blog posts about fishing regulation changes, interesting fish and invertebrates, ocean monitoring, species management, research and more. You

CONTINUED ON NEXT PAGE →



California Outdoors Q&A

← CONTINUED FROM PREVIOUS PAGE

can also learn about leopard sharks and other California fish and invertebrates on CDFW's Marine Species Portal.

Fly Rod

Q: I like to go to my local lake and practice casting with my fly rod. I have a small weight at the end of the line, but no hook, bait or lure. Do I need a sportfishing license to do this?

A: No. If you don't have a "means of take" such as a hook or a lure, then you are not required to have a fishing license.

Fish as bait

Q: Can I use fish I catch in lakes and rivers as bait for other fish?

A: It depends on where you're fishing. The regulations that outline allowable use of fish as bait for each fishing district can be found in the 2023 Freshwater Sport Fishing Regulations Booklet under Article 3 (page 19). As an example, in some inland waters of California, you can use fin fish that you catch as bait if you are angling in waters specified in Article 3. The following fishing districts allow for the take of some fish species for use as bait in specified waters: the Southern, Colorado, Valley, South-Central, North-Central, Sierra and North-Coast districts. One of the important reasons why bait fish use is regionally regulated is to prevent inadvertent introduction of that bait fish to waters where it does not currently exist.

Note that any fish you catch which has a daily bag limit, when used as bait, must be counted toward that daily bag limit. For example, the daily bag limit for bluegill is 25. If you catch three bluegill and use them as bait, you'd count all three toward your daily limit of 25. ✦

If you have a question you would like to see answered in the California Outdoors Q and A column, email it to CalOutdoors@wildlife.ca.gov.

ROUND TREE GLASS, INC.
Established 1977
LIC. No. 333974
(707) 459-6163
Fax (707) 459-4503
24 Monroe St.
Willits, CA 95490
Milgard Windows & Doors Certified Dealer
Homes
Autos
Commercial
Screens
Mirrors
Skylights

Quality Firearms for 83 Years
Decoy & Water Fowl Supplies
Full Line of Remington Rifles
MADE IN USA
Kimber
MASTER AUTHORIZED DEALER
COMPLETE GUNSMITHING
Custom Barrel & Stock Making For Ultimate Accuracy
Try One of our Match Grade Barrels
Crab Pots & Gear
Kimber ❁ Remington ❁ Ruger
Springfield • Glock • Winchester • Browning • Cooper Firearms
Optics: Swarovski • Leopold • Leica • Burris • Bushnell
Fishing Tackle
Rods & Reels Waders
HAVALON Knives
Piranta Knives
Turkey Calls
& Accessories
Bows Built By The Pros
New Models Arriving Daily
Mathews
Phase4™ 29 UP TO 340 FPS
Phase4™ 33 UP TO 336 FPS
• Fastest
• Smoothest & Quietest
• Great Selection in Stock
MADE IN USA
PSE • NAP • Mathews • Goldtip • Beman • Easton • Spothogg • Cobra
Trophy Taker • Scott • Tru Ball • Camo Clothing • Scent Shield Clothing
GRUNDMAN'S SPORTING GOODS
75 Wildwood Ave. Rio Dell 707-764-5744
Our 3rd Generation Since 1937 OPEN: Tue - Fri 9-6 Sat 9-5

su | do | ku

© Puzzles by Pappocom

Hard #17

1				2			3	
3			6					
	9			4		1	6	
	5			7		8	9	
	3	1		6			4	
	7	6		9			8	
					8			5
	8			5				7

www.sudoku.com

Dial Up Flavor with Summer Favorites



FamilyFeatures.net

(FAMILY FEATURES) Turn up the heat this summer and spice your way to delicious warm-weather recipes by using subtle ingredients that bring out bold flavors in your favorite foods. Adding a taste-enhancing option to your repertoire — Tajín Fruity Chamoy Sauce — can make your summer get-togethers the talk of the neighborhood.

Cool off while enjoying mildly spicy dishes. Made with 100 percent natural chiles, lime juice, sea salt and a hint of apricot, Tajín Fruity Chamoy Sauce offers a unique sweet-and-spicy flavor without too much heat. Perfect for drizzling over fresh fruits and veggies like mango, pineapple, watermelon and more, it's also commonly used to bring fruity, subtle spice to a wide variety of recipes including beverages and snacks, like smoothies, mangonadas, ice pops and cold drinks.

For example, in this Savory Mango Chamoy Daiquiri, the apricots create a fruity, tangy flavor that's a nice, refreshing twist on a traditional drink.

Bringing a touch of heat to summer cookouts can be a breeze with mild hot sauces added to dishes like these Spiced Pork Ribs, which can be created start-to-finish in the oven or taken outside to sear on the grill. Just a handful of ingredients are required to season the ribs to spicy perfection before wrapping them in foil and letting your oven do the work.

The key ingredient for the right touch of subtle heat without being overwhelming is Tajín Mild Hot Sauce, a unique, flavorful addition to your cabinet that pairs well with savory snacks like tortilla chips, chicken wings, pizza and even micheladas. The lime is what makes it different from other hot sauces.

Made with 100 percent natural mild chiles, lime juice and sea salt without added sugars or coloring, it can be enjoyed by the whole family as a versatile way to enhance favorite foods with a mild but wild flavor.

Both recipes can be easily enhanced with a simple concept: just pair Tajín Clásico seasoning with either or both of the sauces to create unique flavor combinations, a tasty "mix it" tactic to add to your warm-weather menu and make it uniquely yours.

CONTINUED ON NEXT PAGE →

changing tides family services

Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings. We offer excellent benefits for full-time positions and provide additional compensation for qualified bilingual candidates (English/Spanish)

Clinician I/II

Full-Time and Part-Time, starts @ $27.09 hr /$5,381 mo

Bilingual Clinician I/II (Spanish)

Full-time and Part-Time, starts @ $28.94 hr /$5,730.85 mo

Mental Health Support Specialist

Part-Time, starts @ $22.33/hr

Benefits include paid vacation and sick leave, 14 paid holidays, 100% agency-paid, platinum level health insurance, dental, vision, and life insurance, as well as a retirement plan with matching contributions and profit-sharing. COVID-19 Vaccine required.

Please go to **www.changingtidesfs.org** for complete job descriptions and application requirements. Positions open until filled. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to **nprato@changingtidesfs.org**.

www.changingtidesfs.org
Hablamos español
@changingtidesfamilyservices

changing tides family services

Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings. We offer excellent benefits for full-time positions and provide additional compensation for qualified bilingual candidates (English/Spanish)

Program Assistant-Case Management

Starts @ $17.60

Child Care Specialist

Starts@ $18.38

Human Resource Specialist

Starts @ $20.60

Benefits include paid vacation and sick leave, 14 paid holidays, 100% agency-paid, platinum level health insurance, dental, vision, and life insurance, as well as a retirement plan with matching contributions and profit-sharing. COVID-19 Vaccine required.

Please go to **www.changingtidesfs.org** for complete job descriptions and application requirements. Positions open until filled. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to **nprato@changingtidesfs.org**.

www.changingtidesfs.org
Hablamos español
@changingtidesfamilyservices

MASTER BARBER
cuts hair in his Arcata Home
Call 707 268-1200 for Bob the Barber

HIRING?
Post your job opportunities in the
NORTH COAST TRADER
442-1400 x 314
ads@thetrader707.com

SHOP LOCAL
EAT LOCAL
READ LOCAL
When you support your local newspaper, you support your community.
SUPPORT LOCAL
SUPPORT YOUR NEWSPAPER SUBSCRIBE TODAY
America's Newspapers
America's Newspapers is a national association supporting journalism and healthy newspapers in our local communities. Find out more at www.newspapers.org or follow us on Twitter @newspapersorg or on Facebook @americasnewspapers.

Summer Favorites

← CONTINUED FROM PREVIOUS PAGE



FamilyFeatures.net

Find more recipes that crank up the heat this summer by visiting Tajín.com/us.

Spiced Pork Ribs

Total time: 3 hours, 10 minutes
Servings: 6

2 racks (about 4 pounds) baby back ribs
¼ cup Tajín Clásico Seasoning
¼ cup Tajín Mild Hot Sauce, plus additional for serving, divided
2 tablespoons olive oil
2 tablespoons brown sugar
lime wedges, for serving
mashed potatoes or steamed rice, for serving (optional)

Rub ribs with seasoning. Marinate at least 4 hours or overnight in refrigerator.

Preheat oven to 300 F. Combine hot sauce, oil and brown sugar; brush over both rib racks.

Line baking sheet with double layer of aluminum foil with enough overhang to wrap foil around ribs.

Lay ribs, bone side down, on foil-lined baking sheet. Wrap foil around ribs and seal. Place on baking sheet.

Fill large baking dish or roasting pan with 2 inches of boiling water. Place on lower oven rack to keep ribs moist as they bake. Place ribs on middle oven rack.

Bake 2 ½-3 hours, or until meat is tender and just starting to fall off bone.

Preheat broiler. Unwrap ribs and place on foil-lined baking sheet. Broil 4-6 minutes on middle oven rack, or until lightly charred and caramelized.

Serve with lime wedges and additional hot sauce.

Serve with mashed potatoes or steamed white rice, if desired.

Savory Mango Chamoy Daquiri

Total time: 15 minutes
Servings: 2
Rim Glass:

2 tablespoons Tajín Fruity Chamoy Hot Sauce
2 tablespoons Tajín Clásico Seasoning
Drink:
4 tablespoons Tajín Fruity Chamoy Hot Sauce, divided
1 cup frozen mango cubes, plus additional for garnish, divided
⅓ cup natural syrup
3 ice cubes
⅓ cup orange juice
1 tablespoon Tajín Clásico Seasoning, for garnish

To rim glass: Rim glass in chamoy hot sauce then seasoning.

To make drink: Blend 3 tablespoons chamoy hot sauce, mango cubes, syrup, ice cubes and orange juice.

In glass, pour remaining chamoy hot sauce.

To serve, garnish with additional mango cubes and sprinkle with seasoning. ✦

Lily Approved

McCREA SUBARU

406 5TH STREET
EUREKA
(707) 442-1741

www.sequoiahumane.org
SEQUOIA HUMANE SOCIETY
A No-Kill Shelter Promoting Spay/Neuter
Changing Our World Four Paws at a Time
...and Mr. Tibbs Approved!
I'm Adoptable!

2016 DODGE CHALLENGER SXT
8spd auto, Rear-wheel Drive, 3.6L V6

$23,995 PLUS T&L
#2007458A

2019 SUBARU IMPREZA
Automatic CVT, Full-time AWD, 2.0L 4-cyl

$25,995 PLUS T&L
#1006688A

2017 BMW 330i
8 speed auto, 2.0L turbo I-4, RWD

$25,995 PLUS T&L
#2007454A

2021 TOYOTA COROLLA HATCHBACK SE
Dynamic CVT w steering wheel controls, 2.0L I-4, FWD

$26,995 PLUS T&L
#2007558A

2020 NISSAN LEAF SV
Automatic, Front-wheel Drive, 147hp Electric

$27,995 PLUS T&L
#2007445A

2021 TOYOTA RAV-4 XLE
8spd Auto w/ driver select mode, AWD, 2.5L 4-cyl

$29,995 PLUS T&L
#1006742

2021 SUBARU CROSSTREK
CVT Auto w/8spd manual mode, AWD, 2.5L 4-cyl

$31,995 PLUS T&L
#1006745

2020 MINI COUNTRYMAN S
8 speed auto, All-wheel Drive, 2.0L I-4

$31,995 PLUS T&L
#2007354B

2021 TOYOTA PRIUS PRIME XLE
Auto CVT, 1.8L 4cyl + Electric, FWD

$34,995 PLUS T&L
#1006737

2019 CHEVROLET TRAVERSE
9spd Auto, AWD, 3.6L V6

$34,995 PLUS T&L
#2007518A

2021 FORD RANGER
10 speed auto, 4x4, 2.3L I-4

$39,995 PLUS T&L
#2006724C

2021 RAM 2500 LONGHORN
8spd Auto, 4x4, V8

$65,995 PLUS T&L
#2007491A

McCrea NISSAN Call Matt - 707-442-1741 www.mccreanissan.com

ASK ABOUT OUR USED IN STOCK CANOPIES

TRUCK CANOPIES AND TONNEAU COVERS

NOW TAKING ORDERS for the 2022 Toyota Tundra



LEER®

All Makes available



FINANCING AVAILABLE

Ad expires 06/29/23

CALL NOW FOR YOUR CUSTOM ORDER • Ask for Liz!

McCrea Nissan 601 7th St, Eureka | 707-442-1741

Planning a California Road Trip Adventure



Photo courtesy of Visit California/Places We Swim

(FAMILY FEATURES) With near-endless sunshine, world-class theme parks and abundant outdoor experiences, California is an ideal destination to embark on an unforgettable adventure.

To make it easy for travelers to plan their trips, the 2023 California Road Trips guide includes 13 action-packed itineraries that begin and end at one of the state's 27 commercial airports, highlighting how easy it is to fly into any region of the Golden State and hit the road.

"California's natural beauty, diverse topography and culturally rich communities are the perfect backdrop for an epic road trip experience," said Caroline Beteta, president and CEO of Visit California, a nonprofit organization that partners with the state's travel industry to develop and maintain marketing programs that keep California top-of-mind as a premier travel destination. "This year's guide showcases how the state's vast network of international and regional airports provide travelers with convenient access to every corner of the California Road Trip Republic."

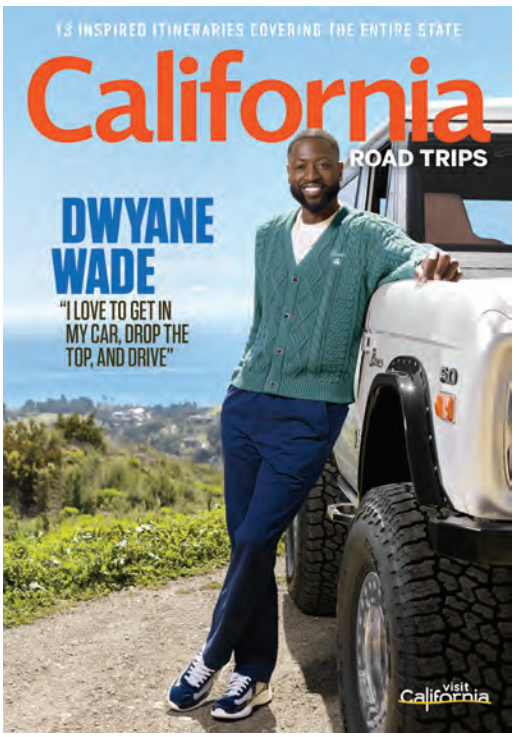


Photo courtesy of Visit California/Places We Swim

The guide's cover star, Dwyane Wade, a three-time NBA champion, dad and owner of Napa Valley winery Wade Cellars, moved to Los Angeles after his retirement in 2019. Wade said California granted him a soulful landscape and much-needed quiet time.

"I like to find moments where no one can expect anything of me and California allows me to have those moments," Wade said. "I'll drive to the beach and walk next to the water. I'll drive all over to find those moments to connect with myself... I get my energy from that."

While California's world-renowned coastline provides a dramatic backdrop, adventures can be found in every region of the Golden State. Featured drives take travelers to both cities and classic small towns, family attractions and far-reaching, otherworldly landscapes. A few sample road trip itineraries include:

- "Animals, Desert and Offbeat Art" combines kid-friendly experiences like LEGOLAND California and the San Diego Zoo Safari Park with the rich arts culture and stargazing opportunities in Borrego Springs.
- "Cactus and Cocktails" explore both the cosmopolitan pleasures of Palm Springs and the rugged sceneries of Joshua Tree National Park and the Mojave National Preserve.
- "National Park Adventures" is a 412-mile adventure that begins at Fresno Yosemite Airport and explores the wonders of Yosemite, Sequoia and Kings Canyon National Parks.
- "Road to Gold" is a four-day trek that begins in Sacramento, explores Lake Tahoe and meanders back through Gold Country with photo opportunities at every turn.
- "Innovation and Agricultural Bounty" features a San Jose-based itinerary that showcases cutting-edge arts, charming seaside villages and bountiful farmlands on a 238-mile journey.

To order a guide, go to VisitCalifornia.com/Travel-Guides. ✦

Keep Plants Thriving Despite the Heat of Summer

by Melinda Myers



Photo courtesy of MelindaMyers.com
Provide heat-stressed plants in containers relief by moving them into the shade during heat waves.

LAST YEAR'S RECORD-HIGH temperatures across much of the country took a toll on gardens and landscapes. Once again, above-normal summer temperatures are in the forecast for many regions of the country. Adjusting how you manage your gardens and landscape can help plants thrive as temperatures rise.

Water plants thoroughly to promote deep drought-tolerant roots that help boost the plants' pest resistance. Wait until the top few inches of soil are crumbly and moist before watering most plants. Newly planted perennials, trees and shrubs need more attention and water than drought-tolerant plants or established ones with more robust root systems that are better able to absorb more moisture. During extended dry periods, even drought-tolerant and established plants may need supplemental water.

Water early in the day to reduce water lost to evaporation. Avoid late evening watering that leaves foliage wet at night, increasing the risk of disease.

Apply water directly to the soil above the plant roots using soaker hoses or drip irrigation whenever possible. Water is applied where needed and the slow, steady flow of water is better able to infiltrate the soil and moisten the roots with less runoff.

Check soil moisture daily in container gardens and several times a week for raised beds. Both dry out more quickly than in-ground gardens and need to be watered more often. Save time and water by incorporating Wild Valley Farms' wool pellets into the growing mixes. This sustainable product is made from wool waste. University research found it reduced watering by up to 25 percent and increased air space in the soil, promoting healthy plant growth.

Further conserve water by spreading a two- to three-inch layer of shredded leaves, evergreen needles or shredded bark mulch over the soil in garden beds and around trees and shrubs. Mulching conserves moisture, keeps roots cooler and moist and suppresses weeds. As the organic mulch decomposes, it adds nutrients and organic matter to the soil. Just pull the mulch away from tree trunks, shrub stems, and the crowns of other plants to avoid rot.

Include plants that are more tolerant

CONTINUED ON NEXT PAGE →

insider
HUMBOLDT FUN, RIGHT NOW
+ menu
OF MENUS
FIND IT ONLINE AND ON NEWSSTANDS ALL OVER HUMBOLDT



2023 EDITION
OUT NOW!
HUMBOLDTINSIDER.COM

FOR ADVERTISING INFORMATION CALL:
442-1400 x 315

2 GUYS & A TRUCK

Carpentry Landscaping

Junk Removal

Clean Up Moving

Although we have been in business for 25 years, we do not carry a contractors license.

Call 845-3087

NOR CAL SOIL BUILDERS LLC



Premium Blend starting at 33% Perlite, 30% Coco Coir and it just gets better from there, with 21 components for fluffy, rich soils and the satisfaction of growing without chemical fertilizers.

Amendments, Minerals and Organic Fertilizers at wholesale prices.

Nor Cal Soil Builders setting new standards for what is possible

www.norcalsoilbuilders.com

707-263-4431

Serving all of Northern California

"We don't use fillers or substitutes, so why should you?!"

Keep Plants Thriving

← CONTINUED FROM PREVIOUS PAGE

of the weather conditions in your area. Those that tolerate both heat and cold extremes will thrive with less care once established.

Incorporate organic matter like compost into the soil. It helps the soil accept and retain water so you will need to water less often. It also adds nutrients to the soil so over time you will need to fertilize less often.

Use a low-nitrogen, slow-release fertilizer if your garden plants need a nutrient boost. These types of fertilizers release small amounts of nutrients over an extended period. The low level of nitrogen reduces the risk of damaging heat-stressed plants.

Remove weeds from garden beds and borders as soon as they appear. These "plants out of place" steal water and nutrients from your desirable garden plants. Plus, many harbor insects and diseases that are harmful to your garden plants.

Provide stressed plants with a bit of shade from the hot afternoon sun. Container gardens can be moved to a more suitable spot during heat waves. Add a bit of temporary shade to garden plants that are struggling to survive in the blazing hot sun. A strategically placed chair, lattice, or umbrella may be all that is needed. As temperatures drop, you can move plants back in place and remove the temporary shade.

Your garden will greatly benefit from these changes to your summer garden care. ✦

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Wild Valley Farms for her expertise to write this article. Myers' website is www.MelindaMyers.com.

Gifts to Elevate Dad's Morning Routine this Father's Day



StatePoint.net

(STATEPOINT) A great morning routine makes getting out of bed more pleasant and sets the tone for a successful, happy day. Whether your Dad is a morning lark or a night owl, he will appreciate gifts that help him start his days on the right foot. With that in mind, here are three fun Father's Day gift ideas to consider, all of which would also make great gifts for the newly-graduated:

1. The perfect cup of coffee: Most people think they are satisfied with their morning cup of coffee, that is, until they try Nextmug, a smart, self-heating mug that keeps beverages warm (130 degrees F), hot (140 degrees F) or piping hot, (150 degrees F) depending on the setting selected. Lab testing has shown that liquid in a standard ceramic mug loses 52 percent of its heat over a two-hour period. Nextmug loses no heat over that same time frame, making it possible to savor coffee or tea for as long as it takes to drink it. If Dad has ever resorted to microwaving a forgotten morning brew, which can turn even the best drink bitter, or has simply slugged it down tepid, he will appreciate this sleek, ergonomic, easy-to-use mug. Plus, its optional spill-resistant lid means that Dad can take his cup of joe throughout his home or office, on the back deck, or wherever he would most enjoy it. Perfect for a dorm or first apartment, this makes a useful high school or college graduation gift as well. For more information, visit https://nextmug.com/.

2. A closer shave: Help Dad say goodbye to nicks and patchy facial hair. Offering a close shave, even on a dense beard, Braun's Series 9 Pro Electric Shaver features sensors that adjust power to beard density, and a precision switch to capture tricky hair. Because its built-in sonic technology yields a more efficient shave, and its docking station automatically charges and cleans the razor, you'll be giving Dad the gift of more time for himself in the morning.

3. Music and podcasts on-the-go: Add entertainment and motivation to Dad's morning workouts with comfortable, durable headphones. Just be sure to consider his needs when selecting the right pair. Whereas bone conduction headphones offer the safety of being able to hear surrounding sounds, which is great for morning jogs and commutes, air conduction offers the best shock-free comfort. Finally in-ear style headphones can isolate outside noise when it's desired, such as at the gym. The X9-pro, allows users to switch between these three modes. It's also completely waterproof and Bluetooth-connected, so Dad can listen to his favorite jams and podcasts, even when swimming laps at the pool. And thanks to its 32G storage, he won't get bored with his listening options.

This Father's Day (and graduation season) put a smile on the face of your honoree by looking for gifts that help elevate morning routines.

✦

MY NAME IS CRICKET
German Shepherd Dog Mix.
Adult Female Medium.



MY NAME IS SPARKLE
Domestic Short Hair.
Kitten Female Small.



Humboldt County Sherriff's Animal Shelter
(707) 840-9132
980 Lycoming Ave. McKinleyville, CA 95519

How to Protect Your Favorite Outdoor Gear



© RossHelen / iStock via Getty Images Plus

(STATEPOINT) With warmer weather here, more and more people are spending time on their decks, patios, and in their gardens and yards using outdoor products. From grills to furniture to mowers, 88 percent of Americans have invested in products dedicated for outdoor use and 65 percent of those that have use them at least several times a week, according to an Allstate Protection Plans survey.

Unfortunately, 83 percent of those surveyed who own outdoor products have experienced damage to one or more of them. That damage has been more than a little expensive: Americans have spent over $44 billion repairing or replacing their outdoor products.

"It's no surprise that the outdoor products we use so much this time of year, that make life so great during the warmer months, can be especially vulnerable to damage," says Jason Siciliano, vice president and global creative director at Allstate Protection Plans. "What some people may not realize is that the same protection plans that are available for indoor furniture, electronics and major appliances are also available for outdoor products. They can be a great way to protect your investments in the great outdoors."

The survey found that 65 percent of Americans do not have a protection plan for any of their outdoor products, and 56 percent were not even sure they could purchase one. With American households spending hundreds and, in some cases, thousands of dollars a year on outdoor equipment, furniture and supplies, adding protection can be a smart idea.

Beyond purchasing protection plans, Siciliano also recommends taking steps to extend the life of your outdoor products. For example, use the proper fuel in lawn care equipment, clean your grill and cover it when it's not in use, and apply protectant to furniture to guard against rust and sun damage. For specialty items like fire pits and patio heaters, be sure to read the instruction manuals and follow the manufacturer's care and maintenance recommendations. Finally, at the end of the summer, store seasonal items in your garage or shed.

For more information about product protection, look for Allstate Protection Plans at your favorite retailers. You can also visit allstateprotectionplans.com, which features tips and resources for making the most of your outdoor products, as well as tips and advice on maintaining your home electronics and appliances.

"When we take care of the outdoor items that make summer enjoyable and relaxing, we're also protecting ourselves against the expensive repairs that can pop up every spring if we don't," says Siciliano. "That means more in our budgets for popsicles and lemonade."

✦

MY NAME IS MALLOW
Mixed Breed male, 1 year old and 62 handsome, handsome pounds.



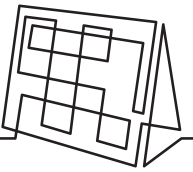
MY NAME IS LILAC
2 years old, SPAYED female, domestic short hair, lynx point siamese.



Mendocino Animal Shelter
www.mendoanimalshelter.com
(707) 463-4427

Calendar

June 15 - June 29, 2023



Virtual World

ARTS & CULTURE

LOBA Poetry Series - Open Mic. Last Thursday of every month. Virtual World, Online. A live open mic poetry reading on Zoom on the last Thursday of each month. Teens and adults share poems in any form or style, or just listen. Email registration required. Free. carrm@mendocinocounty.org.

On the Same Page Book Club. Wednesdays, 5:30 p.m. Virtual World, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at forms.gle/bAsjdQ7hK-GqEgJKj7.

LIFESTYLE & COMMUNITY

English Express: An English Language Class for Adults. Tuesdays. Virtual World, Online. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressempowered.com. (707) 443-5021.

Sistahood. Saturdays, 9:30-11 a.m. Virtual World, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

Volunteer Orientation Food for People. Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Virtual World, Online. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. foodforpeople.org/volunteering. (707) 445-3166, ext. 310.

Del Norte County

ARTS & CULTURE

Comedy Night w/Joey Medina. Sat., June 17. Elk Valley Casino, 2500 Howland Hill Rd., Crescent City. Starred in "The Original Latin Kings of Comedy" with Cheech Marin, Paul Rodriguez, George Lopez and Alex Reymundo. Featuring Nic Lanier. $10.

LIFESTYLE & COMMUNITY

Cultural Hike and Traditional Salmon Feed with Tolowa Dee-ni' Nation. Sat., June 17, 9 a.m.-noon. Tolowa Dunes State Park, Old Mill Road, Crescent City. A guided hike led by a Tolowa Dee-Ni' Nation tribal representative to learn about the cultural significance of this area for the Tolowa people, and the traditional uses of plants found in the park. The event will conclude with a traditional salmon lunch hosted by the Tolowa Dee-Ni' Nation. Free. erin.gates@parks.ca.gov. castateparksweek.org/event-details/#cultural-hike-and-traditional-salmon-feed-with-the-tolowa-dee-ni-nation.

Del Norte Fair Country Market. Saturdays, 10 a.m.-2 p.m. Del Norte County Fairgrounds, 421 US-101, Crescent City. Crafts, food, plants, antiques, produce and mare.

Downtown Crescent City Farmers & Artisans Market. Wednesdays, 9 a.m.-2 p.m. Downtown Crescent City, 890 Third St. Vendors offer a variety of Items that include locally grown produce, handmade craft items, ready-to-eat food, and more. Located on Front & K streets..

Guided Forest Meditation Walk. Thu., June 15, 10-11 a.m. Jedediah Smith Redwoods State Park, 1440 U.S. Route 199, Crescent City. Participants will learn about the benefits of grounding/earthing and about personal energy centers, and how to connect them with the trees and others on this meditative journey. Free. wonder_heart@nps.gov. castateparksweek.org/event-details/#guided-forest-meditation-walk-at-jedediah-smith-redwoods-state-park.

Harbor Farmers Market. Saturdays, 9 a.m.-1:30 p.m. Crescent City Harbor District, 101 Citizens Dock Rd. Shop for local fruits, vegetables, bread, meat and eggs, plus homemade crafts, delicious food and fresh flowers at Crescent City's scenic harbor and marina.

Ocean Air Farms Farm Stand. Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420 Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

Trinity County

LIFESTYLE & COMMUNITY

Weaverville Certified Farmers Market. Wednesdays, 4-7 p.m. The Highland Art Center, 691 Main Street, Weaverville. Fresh, locally grown foods, honey, baked goods, artisanal crafts and herbal medicine. highlandartcenter.org.

NIGHTLIFE

Open Mic Night. Thursdays, 4-7 p.m. Trinity County Brewing Co., 301 Main St. (State Route 299), Weaverville. Food, music, beer and friends.

Humboldt County

ARTS & CULTURE

'No Strings Attached' Trivia. Tuesdays, 6 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Enjoy trivia games hosted by local comedians and compete for prizes. Trivia is followed by a feature comedy show at 9.p.m. Free. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

20th Anniversary Performance. Sat., June 17, 5-7 p.m. and Sun., June 18, 2-4 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. The Ferndale Dance Academy celebrates with two performances featuring dancers who will be traveling to Portugal this summer as a part of a cross cultural dance exchange. $20, $15 for ages 10 and under, free for children under 3. learn2dance@ferndaledance.com. ferndaledance.com. (707) 496-0805.

A Banjo Makes 3. Sat., June 24, 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Traditional hard-driving bluegrass. Free. redwoodcurtainbrewing.com. (707) 826-7222.

Baywater Blues Fusion Dance. Tuesdays, 7-9:15 p.m. The Inn at 2nd & C, 139 Second St., Eureka. A half hour lesson followed by social dancing. $5-15 sliding scale donation (no one turned away due to lack of funds). baywaterbluesfusion@gmail.com. facebook.com/profile.php?id=100089815497848.

But Wait ...There's More. Fridays, 11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. In late night TV style, Mark Sanders hosts a panel of comedians for jokes, comedy games and banter. Snacks, drinks, friendly atmosphere. All ages w/ caution for language. $5. savagahenrycomedy.com. (707) 845-8864.

CONTINUED ON NEXT PAGE →

Calendar

← CONTINUED FROM PREVIOUS PAGE

Dances of Brazil. Thursdays, 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. $15. talavera.rocio@gmail.com.

Drink & Draw. Thursdays, 6 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Self-guided art space and place hosted by Jessica Grant. Bring your own supplies or use ours. Snacks, drinks, friendly atmosphere. All ages w/caution for language. Ages 21 and up. Free. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Electric Jungle. Fri., June 16, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Marjo Lak, guest DJs, deep house. $10. thejamarcata.com. (707) 822-5266.

EXIT Theatre Short Play Festival. Fri., June 16, 8-10 p.m., Sat., June 17, 8-10 p.m., Sun., June 18, 3-5 p.m., Fri., June 23, 8-10 p.m., Sat., June 24, 8-10 p.m. and Sun., June 25, 3-5 p.m. EXIT Theatre, 890 G St., Arcata. Ten-minute plays and multi-disciplinary short works including local and national writers with local actors, directors and technicians. Full schedule online. $15 Friday and Saturday, pay what you can Sunday. mail@theexit.org. theexit.org. (415) 203-2516.

Farm to Table: Late Night Comedy. Saturdays, 11 p.m.-1:30 a.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Baseball Robby curates this small batch artisanal stand-up comedy showcase. $5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Fieldbrook Winery Thursday Evening Concert Series. Thursdays, 5:30-8 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Enjoy live music every Thursday night outdoors at the Fieldbrook Winery. June 22: Canary and the Vamp. fieldbrookwinery.com.

Figure Drawing at Synapsis. Thursdays, 7-9 p.m. Synapsis Collective, 1675 Union St., Eureka. With a live model. Bring your own art supplies. Call to contact Clint. $5. synapsisperformance.com. (707) 362-9392.

Figure Drawing. Wednesdays, 6-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. $5. blondiesfoodanddrink.com.



Fort Humboldt Historic Tour. Saturdays, 1 p.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Join interpreter William on an hour-long walking tour of the park. Meet at the flag pole next to the parking lot. Free.

Friday Night Jazz. Fridays, 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Live local jazz with the Opera Alley Cats. Free. elvisatemydonuts@hotmail.com. (707) 444-2244.

Grown Up Movie Night at HBSC. Tuesdays, 6-8 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Drinks and snacks available while you watch classics and get cozy in the Lobby Bar. Movie titles are listed online. Free. humboldtbaysocialclub.com/our-events. (707) 502-8544.

Grown Up Movie Night. Sundays, 6-8 p.m. Scotia Lodge, 100 Main St. Finish off the weekend with classics in the lounge. Food and drinks available at the lodge's Main & Mill restaurant. Movies are PG/PG-13 and titles are listed online. Free. scotia-lodge.com/hosted-events. (707) 298-7139.

HBG's Summer Music Series. Third Sunday of every month, 1-3 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods campus, north entrance, Eureka. Catered by Stephanie's Home Cooking with local beer and wine, or bring your own picnic lunch. Non-service dogs are not allowed. June 18 – Doug Marcum guitar with RLA, jazz and blues. hbgf.org. (707) 442-5139.

Hip Hop Thursdays. Thursdays, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Chuck Angeles, Starcata and Pressure. Free. thejamarcata.com. (707) 822-5266.

Home Improv-ment. Fridays, 7 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Hosted by Stephanie Knowles with no pressure, just fun and a chance to try something out of your comfort zone. Free, donations accepted. savagehenrycomedy.com. (707) 845-8864.

Kinky Boots. Fridays, Saturdays, 8-10 p.m. and Sundays, 2-4 p.m. Ferndale Repertory Theatre, 447 Main St. A drag queen comes to the rescue of a shoe factory and its owner. Based on the 2005 film and inspired by a true story. $20. info@ferndalerep.org. app.arts-people.com/index.php?actions=10&p=462. (707) 786-5483.

Latin Dance Night. Fri., June 16, 9-10:30 p.m. Thirsty Bear Lounge, Bear River Casino

Resort, 11 Bear Paws Way, Loleta. Dance to the beats of Hispanic! At The Disco and Cumbia by Makenu. Doors at 8 p.m. $20. Marketing@bearrivercasino.com. bearrivercasino.com. (707) 733-9644.

Live Music at Fieldbrook Winery. Sundays, 1:30-4 p.m. and Saturdays, 1:30-4 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Outdoor weekend music series. Saturdays will feature electric bands. Sundays will offer more acoustic or semi-acoustic folk and American groups or quieter jazz combos. Free admission. fieldbrookwinery.com.

Live Music. Fridays, 6-8:30 p.m. Fieldbrook Market & Eatery, 4636 Fieldbrook Road. Every Friday, local bands play folk, bluegrass, Americana. Always family friendly. Check Facebook or Instagram for the lineup. Free. fieldbrookmarket@gmail.com. (707) 633-6097.

Live Music. Thursdays, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Live music on the outside patio. Full schedule online. Free. redwoodcurtainbrewing.com. (707) 269-7143.

McKinleyville Community Choir Rehearsal. Thursdays, 6:30-8:30 p.m. Arcata Presbyterian Church, 670 11th St. Join if you like to sing or play an instrument. Reading music or prior experience not necessary. Rehearsals are every Thursday evening. ccgreene46@gmail.com. (831) 419-3247.

Miles Hewitt, Blueberry Hill Boogie Band, House of Mary. Sun., June 18, 7-10 p.m. Outer Space Arcata, 837 H St. Miles Hewitt performing solo (Brooklyn psychedelic folk), Blueberry Hill Boogie Band (good times rock & soul), House of Mary (dark indie folk). All ages. Masks required. $5-$20. outerspacearcata@gmail.com. facebook.com/events/1358772135059503/.

Open Mikey. Wednesdays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. The longest running comedy open-mic in the county. Sign up at 9 p.m. for a five-minute set. Show at 9:30 p.m. Snacks, drinks, zero hate speech tolerated. All-ages w/caution for language. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Opera Alley Cats. Tuesdays, Fridays, 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Professional-level jazz twice a week with cool vibes and great people. Free. thespeakeasybar@yahoo.com. facebook.com/

CONTINUED ON NEXT PAGE →

Lowell Drywall
Lic #988933
There's no job to small, crack repair, patchwork, remodels, or new construction; serving Lake and Mendocino County.
CELL PHONE: 707-621-3511
MESSAGE PHONE: 707-274-7072
FIND US ON FACEBOOK



Yemaya's Apothecary
Quality Herbal Products
Custom Blends Available
Consultations
Yemaya Kimmel
Herbalist
www.YemayasApothecary.com
Yemaya's Apothecary

Subscribe to the
Eel River Valley's newspaper
The Ferndale Enterprise
Only $67.00 A Year
Weekly Mail Delivery
Send a check with your name, mailing address, phone, and email to:
The Ferndale Enterprise
310 F Street, Eureka CA 95501
Or subscribe online at
theenterprise.press



Calendar

← CONTINUED FROM PREVIOUS PAGE

speakeasyeureka. (707) 444-2244.

Please Don't Leave. Fridays, 11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Scott Hoyle runs this improv-based comedy show with a rotating panel of the best local comedians and touring comics. $5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Pros and Context. Fridays, 7-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Taking on a new state each week to explore its pros and cons through improv comedy. Snacks, drinks. All ages w/caution for language. Free. savagehenrycomedy.com. (707) 845-8864.

Ray Bevatori & Michael Curran. Fri., June 23, 5-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. From Hank to Hendrix they'll serenade you through happy-to-lonesome songs. Inspired by the music of the 1960s, their acoustic melodies create a salty North Coast vibe. family@gyppo.com. gyppo.com/calendar-of-events. (707) 986-7700.

Reggae Last Thursdays w/Sarge One Wise. Last Thursday of every month, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Sarge One Wise, The Wisdem Band and other guests. $5, free for students. thejamarcata.com. (707) 822-5266.

Renaissance Church at Body High. Sun., June 25, 12:30-1:30 p.m. Body High Pole Dance, 445 I St, Arcata. Zumba/Cardio full-body workout with dancehall, hip hop, ballroom and twerk choreography to Beyonce's *Renaissance* album. Easy to follow steps, all levels encouraged to join. $5 suggested donation. Admin@MoHDCreates.com. mohdcreates.com/dance-fitness. (707) 633-3137.

Renaissance Church. Thu., June 15, 11 a.m.-noon. Redwood Raks World Dance Studio, 824 L St., Arcata. Full-body Zumba-style workout to Beyonce's *Renaissance* album . Hip hop, twerk, ballroom and dancehall choreography. Warm up, easy routines, cool down and stretch. Free class with $5 suggested donation. admin@mohdcreates.com. fb.me/e/10HHXR69n.

RLAD Jazz/Fusion. Mondays, 5-8 a.m. Larrupin' Cafe, 1658 Patricks Point Drive, Trinidad. Popular jazz/fusion quartet blending the RLA trio with L.A. studio guitarist Doug Marcum. Tim Randles (keyboard), Doug Marcum (guitar), Ken Lawrence (bass), Mike Labolle (drums).

Free. timrandlespiano@gmail.com. www.thelarrupin.com. (707) 677-0230.

Scientific Illustration with Erielle Laura. Fri., June 16, 5:45-7:30 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Doors open at 5:45 and workshop at 6 p.m. with drawing tutorial and viewing special museum specimens. Geared toward teens through adults. Light refreshments provided. $3. natmus@humboldt.edu. natmus.humboldt.edu/events/scientific-illustration-erielle-laura. (707) 826-4480.

Secret Cinema Society. Wed., June 21, 6:30 p.m. and Wed., June 28, 6:30 & 8:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I St., Arcata. Curated cult classics on a common theme each month. June theme is "I Know What You Watched Last Summer" (a fun mix of movies with the word "summer" in the title). Ages 21 and up. Free, with purchases at the bar. info@miniplexevents.com. fb.me/e/2xdXoXSVQ. (707) 630-5000.

Sketchy Wednesdays. Wed., June 21, 11 a.m.-10 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Drink some beer and sketch. Submit your drawing of the provided subject for a chance to win a $20 gift card. Free. redwoodcurtainbrewing.com. (707) 826-7222.

Sketchy Wednesdays. Wednesdays, 11 a.m.-10 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Come drink a beer and sketch the subject matter provided. The best drawing will win a $20 gift card. Free.

***Some Like It Hot* (1959)**. Sat., June 17, 7:30-9:30 p.m. Eureka Theater, 612 F St. After two male musicians witness a mob hit, they flee disguised as women in a band. A band member from the film shares her memories of working with film legends. Also, costume contest with prizes. Doors at 6:30 p.m. $10, $5 kids 12 and under. info@theeurekatheater.com. eureka-theater.org. (707) 442-2970.

Stand-up Comedy Workshop. Sundays, 7-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Led by local stand-up comic Jessica Grant. Bring a pen or pencil, and circle up to talk shop about jokes. Open to anyone interested in performing stand-up comedy. Drop-ins welcome. Free, donations accepted. JessicaGrantComedy@gmail.com. savagehenrycomedy.com. (707) 845-8864.

Sunday Jazz Jams. Sundays, 5:30-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Every Sunday. Jazz players, all ages, all levels. Bring your ax and play some Real Book tunes. Everybody who wants to plays. Free. blondiesfoodanddrink@gmail.com. blondiesfoodanddrink.com. (707) 822-3453.

Sunday Open Mic. Sundays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Sign-ups at 9 p.m., show at 9:30 p.m., local favorite features for the 10@10. Comics get five minutes. Zero hate speech tolerated. All-ages w/caution for language. Snacks, drinks. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Tango With Winnie and Hugo. Tue., June 20, 7 p.m. Arcata Playhouse, 1251 Ninth St. Pianist Winnie Cheung and bandoneon player Hugo Satorre come together to play an evening of tango. $15. info@arcataplayhouse.org. playhousearts.org/events/tango-with-winnie-and-hugo/. (707) 822-1575.

The Deposition. Tue., June 27, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Comedians and other artists tell true stories that may or may not be used against them by their peers. Hosted by Chris Durant. $5. savagehenrycomedy.com. (707) 845-8864.

The Secret Society of Silly Things - Improv Comedy. Sat., June 17, 6-8:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Members of On the Spot Comedy and Savage Henry comedians combine for Humboldt's super group improv troop. $10. savagehenrycomedy.com. (707) 845-8864.

Thursday Night Art. Thursdays, 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Bring your own supplies or use what's around to collage, paint, draw, make an art book. Bring an instrument to jam in the Great Hall. Free, $5-$20 donation appreciated. sanctuaryarcata.org.

Trinidad Art Nights. Last Saturday of every month, 6-9 p.m. Trinidad, Downtown. Venues throughout town feature a variety of art and music; activities for children include arts and crafts, a skate park, games and face painting. Fire spinning July and Sept. TBA. Pop-up tastings at 5 p.m. trinidadarts.com. (707) 834-2479.

Turntable Tuesdays. Every other Tuesday, 11 a.m.-10 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Join other vinyl lovers to share your treasures and play them in house. Free.

Turntable Tuesdays. Every other Tuesday. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Join vinyl lovers to share your treasures and play them in house. Free. redwoodcurtainbrewing.com. (707) 826-7222.

Washington Square Wednesdays. Wednesdays, 6-9 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Bring your own board and play chess. Snacks, drinks, friendly atmosphere for all-ages. ID to drink. Free, donations accepted. savagehenrycomedy.com. (707) 845-8864.

Westhaven Center for the Arts Funky Bluesy Soul-Series. Fri., June 16. Trinidad Town Hall, 409 Trinity St. Dance, or just enjoy great music. Snacks and drinks available. Music TBA. $10-20 sliding scale. westhavenarts.org. (707) 834-2479.

Whomp. Fri., June 23, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Dub step and drum and bass. $10. thejamarcata.com. (707) 822-5266.

Wicked Wednesday Comedy. Wednesdays, 8 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Peter Nelson hosts a stand-up open mic with different comedians. Free. sirenssongtavern.com.

Word Humboldt Spoken Word Open Mic. Tuesdays, 6-9 p.m. Northtown Coffee, 1603 G St., Arcata. Sign up list goes up at 6 p.m., and the open mic kicks off at 6:30 p.m. Two rounds of open mic poetry and a featured poet. Everyone is welcome, especially new performers. LGBTQ+ friendly. Free. instagram.com/wordhum.

LIFESTYLE & COMMUNITY

350 Humboldt. Fourth Thursday of every month, 6-7:30 p.m. Larson Park, 901 Grant Ave., Arcata. Fourth Thursday of every month, 6 p.m. Local grassroots climate action group holds its general meeting in person at the Larson Park gazebo in Arcata. Bring your own chair. (707) 677-3359.

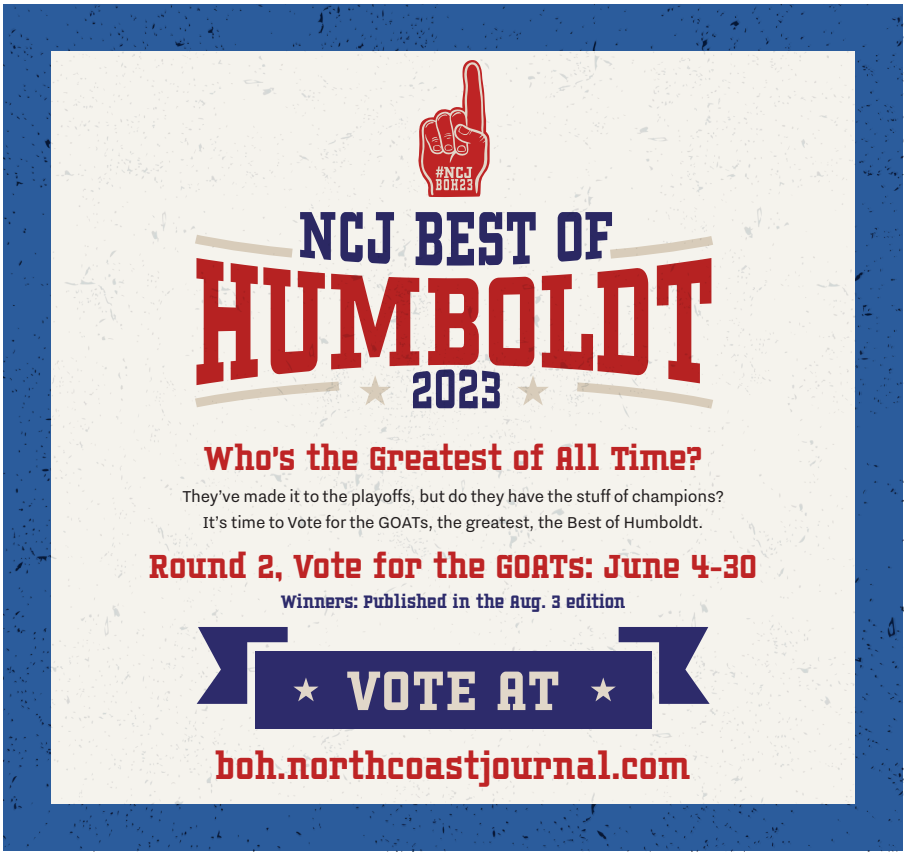
Adult Skate Night. Last Saturday of every month, 6:30-9:30 p.m. Fortuna Skating Rink, Rohner Park. 18 and older only. IDs checked at door. Alcohol and drug-free event. $5.50, includes skate rental.

All American Summer Dinner & Dance w/ Dr. Squid. Fri., June 23, 6-11 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Dinner and dancing with Joshua Vander Simmons and Dr. Squid. Doors open for no-host cocktails at 6 p.m. Ages 21 and up. Get

CONTINUED ON NEXT PAGE →







Calendar

← CONTINUED FROM PREVIOUS PAGE

tickets at Redwood Capital Bank - Fortuna Branch and George's Glass. $75. facebook.com/events/202414469348166. (707) 725-4480.

Arcata Plaza Farmers Market. Saturdays, 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/arcataplaza.html. (707) 441-9999.

Art and Nature at the Refuge. Third Sunday of every month, 1-4 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Art and nature exploration activities for all ages and abilities. Drop-in anytime between 1 and 4 p.m. Rain or shine. Themes change each month. Free. denise_seeger@fws.gov. fws.gov/refuge/humboldt-bay. (707) 733-5406.

Audubon Guided Field Trip w/Gary Friedrichsen. Sat., June 17, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Gary Friedrichsen at the end of South I Street (Klopp Lake) for easy-to-walk trails and a diverse range of shorebirds, migratory songbirds, raptors and resident birds. Free. rras.org.

Audubon Guided Field Trip w/Ken Burton. Sat., June 24, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Ken Burton at the end of South I Street (Klopp Lake) for easy-to-walk trails and a diverse range of shorebirds, migratory songbirds, raptors and resident birds. Free. rras.org.

Baduwa't Festival: A Gathering of the People. June 22-July 2. Dell'Arte, 131 H St., Blue Lake. Formerly known as the Mad River Festival, the Baduwa't Festival is a culmination of performing arts, music, celebration and connectivity, held on the ancestral lands of the Wiyot Tribe. dellarte.com/online-season/baduwat-festival-2/.

Birds of Southern Humboldt Hike. Sat., June 17, 8-11 a.m. Southern Humboldt Community Park, 1144 Sprowel Creek Road, Garberville. Join Sanctuary Forest and local birder Ann Constantino for an easy, two- to three-hour walk. Bring sturdy shoes, binoculars, lunch, water and sun protection. Email to RSVP. Free. anna@sanctuaryforest.org. sanctuaryforest.org/event/birds-of-southern-hum-

boldt-hike/. (707) 986-1087.

Celebrate Yurok Community and Culture at Sue-meg State Park. Sat., June 17, 3-5 p.m. Sue-meg State Park, 4150 Patrick's Point Drive, Trinidad. A celebration showcasing Indigenous interpretation and storytelling from this significant cultural site. Learn more about the new CA Virtual Adventurer App featuring Sue-meg Village. Interpreters provide an orientation and tours of the village site and answer questions. Indigenous food from Frybread Love available. Free. erin.gates@parks.ca.gov. castateparksweek.org/event-details/#celebrate-yurok-community-and-culture-at-sue-meg-village.

Community Stewardship Day. Fourth Sunday of every month, 10 a.m.-1 p.m. Seawood Cape Preserve, 2265 Patricks Point Drive, Trinidad. Remove invasive plant species at Seawood Cape Preserve. Wear long sleeves, pants, hats and sturdy shoes, and bring water. Register online. Free. seawoodcapepreserve@wildlandsconservancy.org. Seawood-Cape-Preserve_Community-Stewardship-Days.eventbrite.com. (707) 633-9132.

Exploring Our Roots Arts Festival. Fri., June 23, 6-9 p.m. and Sat., June 24, 10 a.m.-8:30 p.m. Arcata Playhouse, 1251 Ninth St. HAPI presents performances, art, music and films illuminating histories and culture of BIPOC people. *Many Moons* documentary about Charlie Moon and the Chinese Expulsions, and a talk by filmmaker Chisato Hughes. Concert and workshop on exploring roots through the arts by Julian Saporiti. Guitarist Hiroya Tsukumoto, folk artist Aireene Espiritu, painter Yasushi Matsui, Humboldt Taiko and Humboldt County Lao Dancers. $10-15 per event or $45 for festival. hapihumboldt.org/.

Family Movie Day at HBSC. Sundays, 2-4 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Bring the family out and get cozy and enjoy favorites rated G-PG. Drinks and snacks available at the Lobby Bar. Movie titles are on listed online. Free. humboldtbaysocialclub.com/our-events. (707) 502-8544.

Family Movie Night. Wednesdays, 5-7 p.m. Scotia Lodge, 100 Main St. Bring the family and enjoy classics in the lounge area. Food and drinks available at Main & Mill. Movies are G-PG and the titles are listed online under events. Free. scotia-lodge.com/hosted-events. (707) 298-7139.

Farm Stand. Saturdays, 10 a.m.-2 p.m. Table Bluff Farm, 101 Clough Road, Loleta. Regeneratively-grown seasonal veggies, flowers, meats and other items made by Humboldt County locals and small businesses. Cash, card, Venmo, Apple Pay and soon to accept EBT payments. info@tablebluffffarm.com. TableBluffFarm.com. (707) 890-6699.

Ferndale Veterans Community Breakfast. Fourth Sunday of every month, 8-11:30 a.m. Ferndale Veterans Memorial Building, 1100 Main St. Menu includes pancakes, biscuits and gravy, ham, sausage, eggs to order, coffee, juice and mimosas. $10, $5 children.

Fernstock 2023 - A Battle of Bands. Sun., June 18, 12-7 p.m. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Fifteen bands compete for $5,000. Three main stages. Food trucks, vendors, kids activities. $20-$50, free parking and free admission for kids under 11. humcofair@frontiernet.net. humboldtcountyfair.org/fernstock-2023. (707)786-9511.

FOAM Marsh Tour w/Ken Burton. Sat., June 24, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Ken Burton in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on marsh birds, plants, history and/or ecology. Masks recommended inside. Free. (707) 826-2359.

FOAM Marsh Tour w/Lynn Jones. Sat., June 17, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Lynn Jones in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on local history, marsh plants, and/or wastewater treatment. Masks recommended inside. Free. (707) 826-2359.

Forest Restoration at Rohner Park. Third Saturday of every month, 9-11 a.m. Fortuna Firemen's Pavilion, 9 Park St. Remove invasive English ivy and French broom. Tools and gloves available but you are encouraged to bring your own. High winds or heavy rain cancels. Light snack provided. Free. unde1942@gmail.com. (707) 601-6753.

Fortuna Farmers Market. Tuesdays, 3-6 p.m. 10th and Main streets, 10th and Main streets, Fortuna. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/fortuna.html. (707) 441-9999.

Garberville Farmers Market. Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/garberville.html. (707) 441-9999.

Guided Morning Stretch and Flow. Thu., June 15, 10-11 a.m. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. Enjoy a revitalizing morning stretch overlooking the Eel

CONTINUED ON NEXT PAGE →



Calendar

← CONTINUED FROM PREVIOUS PAGE

River. Learn and practice a fusion of stretching, mobility and yoga exercises for all levels. At the Dyerville Overlook. Free. erika.granadino@parks.ca.gov. castateparksweek.org/event-details/#guided-morning-stretch-flow-at-humboldt-redwoods-state-park.

Habitat Restoration Volunteer Work-Day Trinidad State Beach. Sun., June 18, 9 a.m.-1 p.m. Trinidad State Beach, Trinidad State Beach. Help remove invasive non-native plants and restore Sitka spruce forest. Event will include lunch and all participants will receive one free day use pass to Sue-meg State Park. Gloves and tools provided. Meet at the main paved parking lot for Trinidad State Beach located off Stagecoach Road. Free. desten.mertens@parks.ca.gov. (707) 677-3109.

Humboldt Crabs Baseball. Fridays, 7-10 p.m. Arcata Ball Park, Ninth and F streets. Independent, collegiate, wood-bat baseball games on most Tuesdays (7 p.m.), Wednesdays (7 p.m.), Fridays (7 p.m.) and Saturday nights (6:30 p.m.). Sunday games at 12:30 p.m. Tickets available at Wildberries Marketplace or online. No tickets at the gates. Gates open one hour prior to start time. Outside food, empty water containers, blankets, folding chairs and credit cards are accepted. $10. humboldtcrabs@gmail.com. humboldtcrabs.com/schedule/. (707) 840-5665.

Humboldt Health Care for All. Fourth Wednesday of every month, 5-6:30 p.m. The Sanctuary, 1301 J St., Arcata. The Humboldt chapters of Health Care for All and Physicians for a National Health Program return with in-person/Zoom meetings. Learn about how to bring universal, affordable, single-payer health care to California and the nation. healthcareforallhumboldt @ gmail.com. sanctuaryarcata.org.

Merriment Monday: Shuffleboard Tournament. Mon., June 19, 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. A casual shuffleboard tournament with prizes for the winners. Free. redwoodcurtainbrewing.com. (707) 826-7222.

Miranda Farmers Market. Mondays, 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Fresh fruits and vegetables, plant starts, flowers and more. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/miranda.html. (707) 441-9999.

OLLI Open House. Sat., June 24, 1-3 p.m. Cal Poly Humboldt, 1 Harpst St., Arcata. Learn more about the Osher Lifelong Learning Institute and discover upcoming presentations, classes, events and special interest groups coming in the next term. Free. olli@humboldt.edu. extended.humboldt.edu/olli/openhouse. (707) 826-3731.

Pancake Breakfast. Third Sunday of every month, 8-11 a.m. Mattole Grange, 36512 Mattole Road, Petrolia. All the scratch-made pancakes you can eat, organic eggs cooked to order, bacon or local sausage, coffee or milk, organic orange juice. June 18 Father's Day breakfast - free for dads. $10, $5 for ages 7-12, free for ages 6 and under. evenson@igc.org. (707) 629-3421.

PB & Jams. Fri., June 16, 6:30-8 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Make sandwiches for the Joyful Healer's food ministry, then enjoy game time provided by Dandar's Boardgames and Books. All ages. Free. connect@huuf.org. huuf.org/family/. (707) 822-3793.

Rooting Out Invasive Plants Volunteer Work Day. Sun., June 18, 9 a.m.-1 p.m. Trinidad State Beach, Trinidad State Beach. Help remove invasive non-native English ivy, Scotch broom, English holly and cotoneaster. Enjoy a lunch and learn more about volunteer events. Meet at the main paved parking lot for Trinidad State Beach located off Stagecoach Road. Free. michelle.forys@parks.ca.gov. castateparksweek.org/event-details/#rooting-out-invasive-plants-volunteer-work-day.

Sea Goat Farmstand. Saturdays, 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Fresh veggies grown on site, local eggs and sourdough bread. Work from local artists and artisans. flowerstone333@gmail.com. (530) 205-5882.

Shelter Cove Farmers Market. Tuesdays, 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Fresh fruits and vegetables, meat, flowers and more. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/sheltercove.html. (707) 441-9999.

Southern Humboldt Pride. Sat., June 17, 1-8 p.m. Redwood Community Radio, 1144 Redway Drive, Redway. Live music, poetry, art, panels, vendors, dancers, drag queens and more. Connect with your community, enjoy food by the Lost Frenchman and El Cora, and local brews, craft organic cocktails and mocktails. Official after party at the Brass Rail. Free. lauren@kmud.org. www.kmud.org. (707) 923-2605.

Southern Humboldt Pride. Sat., June 17, 1-9 p.m. KMUD Studio, 1144 Redway Drive, Redway. Music, speakers and performances. All ages event.

Summer Arts and Music Festival. Sat., June 24 and Sun., June 25. County Line Ranch, 240 Cooks Valley Road, Piercy. Artists include Ozomatli, Mike Love and the Full Circle, 420 Funk Mob and many more on three stages. Around 100 local and regional handmade craft vendors, local cannabis offerings, local beer and wine, international food vendors, and an interactive kids zone. Camping available. summerartsandmusicfestival.com.

Summer Evening Birding Field Trip. Tue., June 27, 6-7:30 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Enjoy the extended light of the summer months and view marsh birds in the evening. In the summer, the marsh is home to many resident and migratory breeding birds who take advantage of the long days to get some feeding and singing in. Meet trip leader, Janelle Chojnacki, at the end of South I Street (Klopp Lake). Free. www.rras.org.

Trinidad Artisans Market. Sundays, 11 a.m.-3 p.m. Trinidad, Downtown. Art, crafts, live music and barbecue. Next to Murphy's Market.

Willow Creek Farmers Market. Thursdays, 4-7 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. Fresh fruits and vegetables, fish, artisans and more. Music and hot food vendors. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/willowcreek.html. (707) 441-9999.

NIGHTLIFE

Bingo Night. Fourth Tuesday of every month, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Beer-ingo! Free. (707) 269-7143.

Humboldt Bounskee League. Mondays, 6-8 p.m. Humboldt Brews, 856 10th St., Arcata. Weekly league nights. Purchase of any wood bounskee from Humbrews or the website includes one-month family membership for future events. All ages. Free. bounskee@gmail.com. bounskee.fun. (707) 601-9492.

Karaoke w/Dustin. Mondays, 9 p.m.-1 a.m. The Jam, 915 H St., Arcata. Karaoke night.

Free. thejamarcata.com. (707) 822-5266.

Karaoke. Tuesdays, 8 p.m. Firewater Lounge, Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Pick a song and sing.

Reel Genius Trivia at Old Growth. Third Friday of every month, 6-8 p.m. Old Growth Cellars, 1945 Hilfiker Lane, Eureka. General trivia, fun for everyone. Prizes for winners. Max seven people per team. Food truck on site. Free. partners@reelgeniustrivia.com. oldgrowthcellars.com. (707) 601-1606.

Reel Genius Trivia Fourth Friday at Papa & Barkley. Fourth Friday of every month, 6-8 p.m. Papa & Barkley Social, 4325 Broadway, Eureka. General trivia. Ages 21 and up w/ ID. Free to play. Win prizes. Max seven per team. Free. partners@reelgeniustrivia.com. (707) 601-1606.

Reel Genius Trivia Wednesdays. Wednesdays, 6-8 p.m. The Madrone Taphouse, 421 Third St., Eureka. General trivia; fun for everyone. Free to play, win prizes. Max seven players per team. partners@reelgeniustrivia.com. fb.me/e/2ewBnU70H. (707) 601-1606.

Throw 'Em Back Thursdays. Third Thursday of every month, 9 p.m. Wave Lounge, Blue Lake Casino, 777 Casino Way. DJ Statik spinning throwback, hip hop and R&B. Free. bluelakecasino.com/entertainment/wave.

Thursday-Friday-Saturday Canteen. Saturdays, 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. See the newly remodeled Memorial Building and enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. PearceHansen999@outlook.com. (707) 443-5331.

Trivia Night at the Historic Scotia Lodge. Third Thursday of every month, 6-8 p.m. Scotia Lodge, 100 Main St. Hosted by Reel Genius Trivia. All ages, prizes for winners. Free. scotia-lodge.com/hosted-events. (707) 298-7139.

Trivia Night. Third Tuesday of every month, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Test your knowledge while enjoying craft beer. The winning team wins a Redwood Curtain gift card. (707) 269-7143.

Mendocino County

ARTS & CULTURE

Dirty Cello. Sat., June 17, 2 p.m. Willits Center For the Arts, 71 E Commercial

CONTINUED ON NEXT PAGE →

FARMERS INSURANCE
CANTUA INSURANCE AGENCY
Lic #OC67822
AUTO • HOME • LIFE • BOAT • MOTORCYCLE
MOBILE HOME • COMMERCIAL •WORK COMP.
Two Locations to Serve You
778 Redwood Drive • Garberville
707-923-2179
FAX 707-923-9550
16 W. Valley Street • Willits
707-459-3276
FAX 707-459-3298
RCantua@farmersagent.com
www.NorCalQuote.com

BANDERA U.S.A.
• SALES
• SERVICE
• INSTALLATION
by Licensed Contractors
WATER TANKS
DISCOUNT on selected tanks 5 or more

We carry Snyder, Bushman & Norwesco 165 - 5000 gallon
Bushman
SNYDER INDUSTRIES, INC.
NORWESCO
Monday - Friday • 8 am - 5 pm
1315 Fernbridge Dr., Fortuna, CA 95540
Toll free 866-226-3378
Phone 725-0434 • Fax 725-1156

Calendar

← CONTINUED FROM PREVIOUS PAGE

St. Cello like you've never heard before: an energetic and wild show that's been described as "...funky, carnival, romantic, sexy, tangled, electric, fiercely rhythmic, textured, and only occasionally classical." - *Oakland Magazine*. Wine and nibbles available for sale. $20.

Sierra Nevada World Music Festival. Fri., June 16, Sat., June 17 and Sun., June 18. Mendocino County Fairgrounds, 14400 Highway 128, Boonville. A Summer Solstice and peace celebration with Beres Hammond, Luciano, Tarrus Riley, Protoje, Kabaka Pyramid, Cocoa Tea and more. Three stages of music, vendor village, kids zone, silent disco and camping. $240. Info@snwmf.com. snwmf.com.

LIFESTYLE & COMMUNITY

Fort Bragg Farmers Market. Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

Historic Walking Tours of Mendocino. Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Face coverings required. Well-behaved dogs allowed but must remain outside at some stops. $50 for up to four people, $75 for party of six. tours@KelleyHouseMuseum.org.

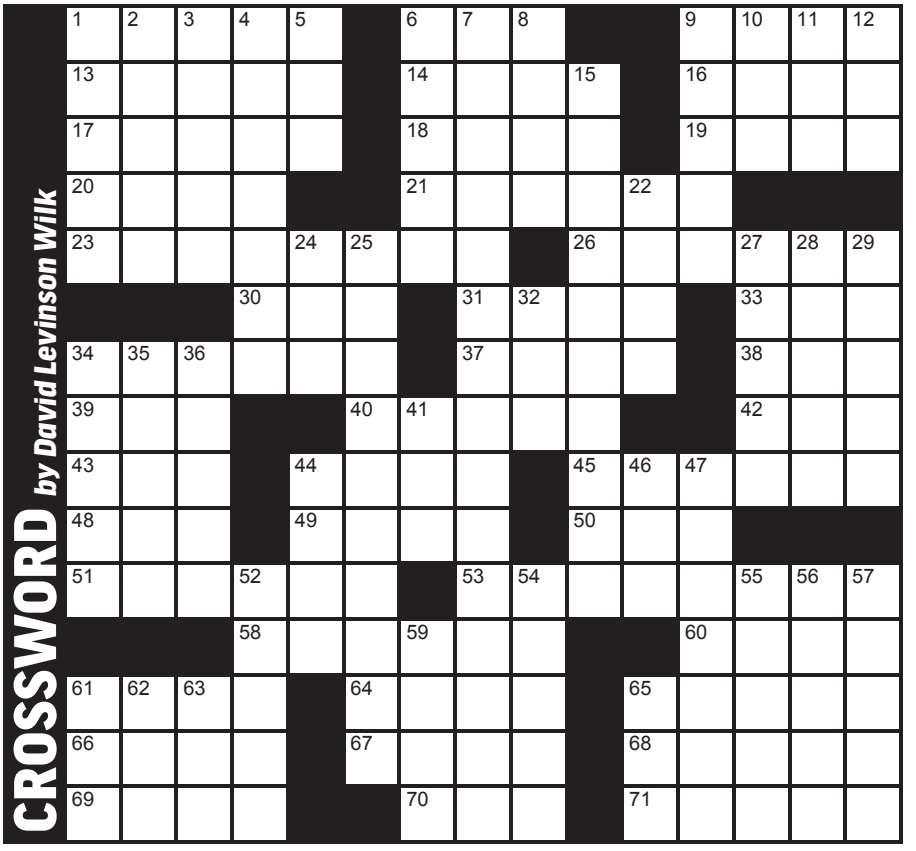
Thursday Garden Tours. Thursdays, 1-3 p.m. Mendocino Coast Botanical Gardens, 18220 North Highway 1, Fort Bragg. These weekly one-hour introductory tours of the Mendocino Coast Botanical Gardens focus on the gardens' many plant collections. Free with regular gardens admission, free for members. gardenbythesea.org.

LIFESTYLE & COMMUNITY

RIVINO Pride Festival. Sat., June 24, 3-8 p.m. RIVINO Winery, 4001 Rivino Ranch Rd., Ukiah. Celebrate Pride Month with music, dancing, lip sync contest, food, art and craft vendors. All ages. No cover.

Ukiah Farmers Market. Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.

✦



TOPLESS — *Answers in the next edition*

© 2022 DAVID LEVINSON WILK

ACROSS

1. "No worries"
6. Former name of the physics unit siemens
9. Deleted email, usually
13. Sensual ballroom dance
14. Jerry who co-founded Yahoo!
16. Audible "LOL"
17. Five Norse kings
18. Flooring choice, for short
19. On vacation
20. Pastry dough used in spanakopita
21. Many
23. Bone of the lower chest
26. Grasp
30. ABBA's home country: Abbr.
31. In a frenzy
33. The Gay '90s, e.g.
34. "Most assuredly!"
37. Howard and Paul
38. "T-t-turn the heat up!"
39. Bust-making org.
40. To date
42. Handyman's inits.
43. NBA official
44. Relatives of tuts
45. "__ Song" (1981 tune in which the singer's own name appears in the song's title)
48. Marriage agreement?
49. State home to Dixie National Forest
50. Chairman __ (2000s NBA nickname)
51. Rest of the afternoon
53. Bowler's back-row targets
58. "That's enough!"
60. Exam Elle Woods gets a 179 on in "Legally Blonde"
61. Sauce brand since 1937
64. Be a fall guy?
65. __ toast
66. Inkling
67. Get an __ effort
68. Hit with, as a pickup line
69. Ownership document
70. Sharp products
71. Operating system that debuted on 8/12/1981

DOWN

1. "Bye for now!"
2. Sylvester's "Rocky" costar
3. Wee
4. Famous dancer whose medical degree allows him to work in delivery rooms?
5. Bout-ending slugs
6. Vietnam War village in 1969 headlines
7. Salute heard upon the arrival of a famous dancer?
8. __ account (never)
9. 1971 blaxploitation film with the tagline "Hotter than Bond, cooler than Bullitt"
10. Part of the Iams logo
11. "Now I remember!"
12. Mother's Day month
15. Police officer's cry after nabbing a famous dancer?
22. "Little strokes fell great __": Benjamin Franklin
24. Woolly mama
25. Famous dancer who's visibly embarrassed?
27. Charlie __ (French satirical magazine in 2015 news)
28. Longtime 49-Across U.S. senator Hatch
29. "The Bells of St. __"
32. One of the Stooges
34. Elba of "The Wire"
35. "__ go on?"
36. Willem of "The Last Temptation of Christ"
41. Cousin of reggae
44. "Swan Lake" attire
46. Port city from which Amelia Earhart last flew
47. Kind of dancer ... or like the famous dancers in 4-, 7-, 15- and 25-Down?
52. Word following bomb or pep
54. Roman roads
55. Marooned, in a way
56. Home planet of Jar Jar Binks
57. Laurel and Lee
59. Last U.S. president to have a pet cow that grazed on the White House lawn
61. Free (of)
62. Hot weather cooler
63. "Hmm, I dunno about that"
65. Tight-lipped

LAST EDITION'S ANSWERS TO SKIP THIS AD

R	C	A		M	A	R	A	C	A		M	T	G	E
E	L	I		U	V	U	L	A	S		I	R	A	N
D	A	M	S	F	A	M	I	L	Y		Z	I	G	S
P	I	L	A	F	S		B	I	E	B		E	R	N
O	M	E	N			R	I	F	T	A	T	S	E	A
N	E	S		T	B	A				T	O	T	E	R
Y	D	S		W	U	S	S		O	H	W	E	L	L
			I	O	S	A	M	I	G	O	S			
B	A	N	K	S	Y		U	G	L	I		C	O	O
U	S	E	I	T				E	E	L		O	P	P
M	I	T	D	E	F	E	A	T			C	H	E	T
M	A	B		P	A	L	S		I	P	H	O	N	E
E	T	A	S		S	K	I	P	T	H	I	S	A	D
R	I	L	E		T	I	D	I	E	D		T	I	T
S	C	L	C		S	N	E	E	R	S		S	R	O

HOME COUNTRY

By Slim Randles



"WONDER WHAT THE count is today," said Herb. "Sure is hot."

We sipped simultaneously, as is our wont, and stared at our friend. "What count would that be?" asked Steve.

"The btu count, of course," said Herb. "Those are British thermal units, you know. It's how heat is measured."

Leave it to Herb. There doesn't appear to be any coffee-drinking topic that Herb can't make completely obscure.

"I was just getting used to the difference between Fahrenheit and Celsius," our cowboy, Steve, said.

"I always eat my Celsius with peanut butter on it," said Doc.

"Doc made a joke!" came the coffee-counter chorus. That was unusual because Doc was considered by most of us as the chief justice of the supreme court of darn near everything because of all the initials after his name.

Windy Wilson got up slowly and stiffly, walked over to the phone sitting on the cashier's counter, and dialed a number. He nodded and came back to the other members of the world dilemma think tank.

"97," he said, taking a sip,

"97 what?"

"Degrees. Right now. Outside. According to that girl's voice on the hotline number I called."

"Fahrenheit?"

"Don't know," Windy said.

"Kelvin?"

"Kelvin who?"

"Rankine?"

"She didn't say. Just a recordin' on the phone, you know..."

"Number of British thermal units?"

"I don't care how they do it in Britain," Windy said. "Hotter right here, anyway."

"Might be Celsius," said Herb.

Doc looked up from the depths of his coffee, "Not without peanut butter it isn't."

Some onlookers just enjoy a short stack and try to figure out what we're talking about. It could become a passion or trend or something. ✦

Looking at the thermometer? When ignorance is bliss, 'tis folly to be wise.

Be Loyal.
Buy Local.

GET YOUR TICKETS FOR THE 102ND FORTUNA RODEO WEEK!

FORTUNA RODEO SINCE 1921 ASSOCIATION



Bullfighters Only
Friday • Jul 14, 2023 • 5:30-11pm
Fortuna Rodeo Grounds



Fortuna Rodeo
Saturday • Jul 15, 2023 • 1:30pm
Fortuna Rodeo Grounds

Bulls, Broncs and Brews
Saturday • Jul 15, 2023 • 6pm-11pm
Fortuna Rodeo Grounds



Fortuna Rodeo
Sunday • Jul 16, 2023 • 1:30pm
Fortuna Rodeo Grounds

Deep Pit Barbeque
Sunday • Jul 16, 2023 • 11am-1pm
Fortuna Rodeo Grounds

NC TICKETS
LOCAL TICKETS. ONE PLACE.
get tickets at NorthCoastTickets.com

NEW

TREX ENHANCE NATURALS COMPOSITE DECKING

IN FOGGY WHARF AND TOASTED SAND

$2.99 / LIN FT IN 12', 16', 20' LENGTHS



CEDAR DECKING

$2.69 / LIN FT

IN 8', 10', 12', 16', 20' LENGTHS

DURAWOOD DECKING

$1.78 / LIN FT

IN 12', 16', 20' LENGTHS

TREX SELECT COMPOSITE DECKING CLOSEOUT!!!

$3.48 / LIN FT

IN 12', 16', 20'

MADIERA RED, SADDLE TAN AND PEBBLE GRAY

REDWOOD DECKING

$3.04 / LIN FT

IN 8', 10', 12', 16', 20' LENGTHS

ALL ITEMS LIMITED TO STOCK ON HAND

HOME IMPROVEMENT MADE EASIER!

FORBUSCO

LUMBER & BUILDING SUPPLY

(707) 725-5111

1784 Smith Lane

Fortuna, CA. 95540

HOURS:

MON - SAT:

7:30a.m. - 5:30p.m.

SUNDAY:

9:00a.m. - 3:30p.m.